



## DO RIGHT WOMAN

Five new titles for women who resist easy definition

By Julie Hanus

Representing voices varied and vibrant, these newly published books don't reveal what makes a woman: They suggest that there is nothing that cannot.

### **THE SPIRIT OF INDIAN WOMEN**

Judith Fitzgerald and Michael Oren Fitzgerald, editors (World Wisdom)  
Packed with rare photos, the tiny tome celebrates 19th-century American Indian women.

### **FIFTY WAYS TO IMPROVE WOMEN'S LIVES:**

*The Essential Women's Guide to Achieving Equality, Health and Success* (Inner Ocean)  
A cast of accomplished women provide insight on issues from health to finance to community in this call-to-action guide.

**IRON MAIDENS:** *The Celebration of the Most Awesome Female Muscle in the World* By Kristin Kaye (Thunder's Mouth Press)

The history of women's weight training rounds out this sassy, poignant memoir.

### **MOTHER DAUGHTER SISTER BRIDE:**

*Rituals of Womanhood* By Joanne B. Eicher and Lisa Ling (National Geographic)  
Full-page photographs illuminate a world's worth of defining moments in women's lives.

### **RECKLESS:**

*The Outrageous Lives of Nine Kick-Ass Women* By Gloria Mattoni (Seal Press)  
This pick-me-up read inspires with profiles of women who pursued uncommon dreams.